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(54) A process for producing a food product by sintering

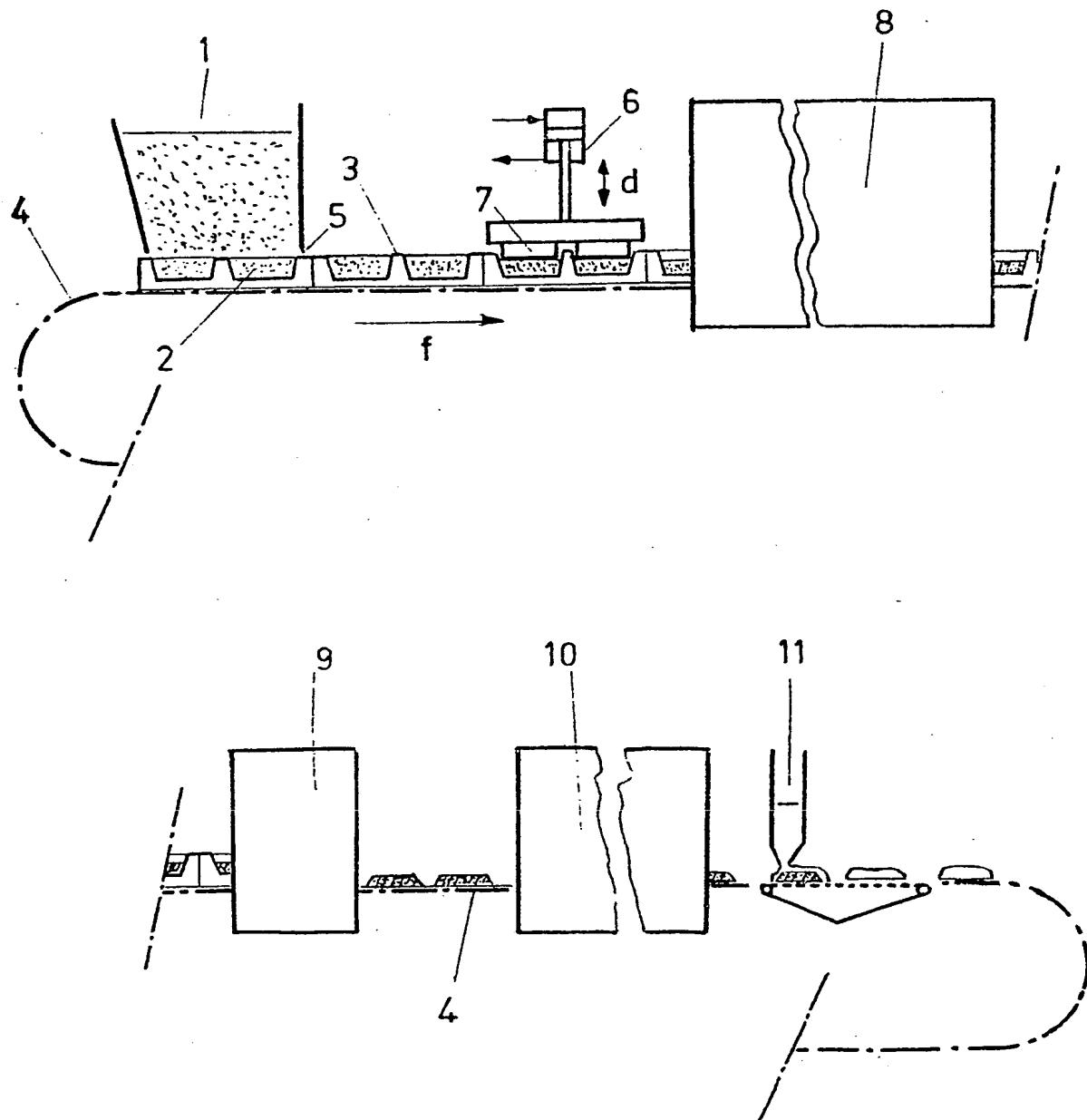
(57) The invention relates to a process for producing a food product in the form of an individual article, particularly a bar, by sintering a powder-form starting material.

The powder is introduced into the cells of a mould, lightly compacted in the cells, heat-treated in a furnace for a period and at a temperature such that the individual particles melt at their surface and adhere to one another, after which the articles are removed from their moulds and cooled.

The process is applicable to culinary products and to articles of confectionary or chocolate. The articles obtained may be coated.

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## SPECIFICATION

**A process for the production of a food product by sintering.**

5 This invention relates to the production of food products in the form of individual articles, particularly salted 5  
culinary products or articles of confectionery or chocolate.

More particularly, the invention relates to the production of compact individual bars from a powder-form  
product.

Existing products are generally produced by extruding and dividing up a so-called ribbon or by the cold  
10 compaction under high pressure of powder or even by the moistening of a powder to convert it into a tacky 10  
mass, rolling the mass thus formed, dividing it up into individual portions and then drying it by heat  
treatment, the heat treatment optionally being carried out *in vacuo* to cause the product to expand.

These processes are expensive and difficult to carry out:

— the end product lacks homogeneity because of the difficulty of uniformly dispersing the liquid, 15  
15 — the economy of the process is poor because the moistening of the powder to convert it into a tacky mass 15  
necessitates subsequent evaporation of the water introduced,  
— the fact that no mould is used means that compaction has to be carried out under a very high pressure to  
ensure that the individual products retain their shape and are "self-supporting", this operation frequently  
being followed by expansion *in vacuo* to enable the structure to be aerated.

20 It has now been found that moulded articles, particularly in the form of bars, may be produced from a 20  
powder-form starting material by a particularly simple process which does not have any of the  
disadvantages attending known processes.

The present invention provides a process for the production of a food product in the form of an individual  
article, particularly a bar, from a powder-form starting material which is capable of being superficially  
25 softened under the effect of heat and which has a high degree of fluidity, which comprises introducing the 25  
powder into the cells of a mould, lightly compacting it in the cells, subjecting the compacted powder to a  
sintering treatment in a furnace over a period and at a temperature of the product such that the individual  
particles superficially melt and adhere to one another, removing the articles from the mould and  
subsequently cooling them.

30 The constituent particles of the powder should be capable of melting superficially and of fusing to one 30  
another so as to form a rigid structure which does not disintegrate after cooling.

In the context of the invention, a "powder having a high level of fluidity" is understood to be a powder of  
which the constituent particles are dry to the touch and non-tacky and flow freely. The moisture content of a  
35 powder such as this is generally its natural equilibrium moisture content at which the product used is  
normally packed.

Provided that it satisfies the above-mentioned requirements of superficial melting and fluidity, the  
powder-form starting material may be selected from a wide variety of carbohydrate-containing food-grade  
materials used either individually or in admixture. The category of culinary products includes for example  
40 vegetable, meat and fish extracts, protein hydrolysates, yeast extracts, cheese, milk, cereals, starches,  
particularly modified starches and dextrans. The starting material may also contain other ingredients such as  
spices, flavourings, colourants, fats, sugars or salts.

The starting materials for articles of confectionery or chocolate include, for example, fruit extracts, sugars,  
maltodextrins, cocoa, coffee, chicory, malted cereals, milk and fats. These materials may also contain the  
45 ingredients normally used in the production of confectionery and chocolate, such as flavourings, lecithins,  
boiled sugars, honey, caramel, nougatine, expanded cereals, dried fruit or size-reduced or whole candied  
fruit.

In general, it is preferred to use predominantly carbohydrate-containing starting materials characterised  
by a fats content of less than 25% by weight and a moisture content of less than 20% by weight.

The particle size of the powder naturally has a bearing upon the texture of the product. The finished article  
50 will be more compact, the finer the powder used. Particles ranging from 0.1 to 3 mm in diameter give  
satisfactory results.

To carry out the process according to the invention, the cells of a mould are filled to the brim with powder  
and the product is levelled by means of a scraper, the individual cell forming both the mould and the  
metering unit for the product.

55 The powder is then compacted by the application of a pressure corresponding to between 1 and 8 kg/cm<sup>2</sup>  
at the level of the product by means of a piston adapted to the cell of the mould. The object of this operation  
is to bring the individual particles of powder into contact which is necessary for the subsequent sintering  
operation and the final structure of the product.

Alternatively, the moulds may be vibrated to ensure good contact between the individual particles of  
60 powder, this operation replacing the compacting operation.

The following so-called sintering step comprises heating the compacted product for 3 to 10 minutes to a  
temperature of from 45 to 120°C in a tunnel furnace. The duration of the treatment and the temperature  
applied depend upon the volume of powder to be treated, its nature, its composition and its moisture  
content. The object of this treatment is to place the powder in a state of superficial fusion so that the  
65 individual particles melt at their surface and adhere to one another. The temperature of the furnace depends 65

upon the type of apparatus used and is generally in the range from 100 to 300°C. During this operation, the product loses all or part of its equilibrium moisture in contrast to the conventional processes in which the product is first moistened and then dried by heat treatment.

For reasons of effectiveness of the process, it is preferred to keep to a thickness of the product of approximately 20 mm to ensure that there is a transfer of heat which gives a product of homogeneous texture. 5

At the outlet end of the furnace, the products are removed from their moulds by inverting the moulds which are recycled. The articles are then cooled, in particular to a temperature below 25°C in the case of articles intended to be coated with chocolate.

10 The coating consists of one or two layers and forms a protective barrier against the penetration of moisture and against fat-induced whitening. The products thus coated are then packed, for example using the flow-pack system. 10

The accompanying drawing diagrammatically illustrates one example of an installation for continuously carrying out the process according to the invention.

15 The figure is a simplified diagram of the installation. 15

As shown in the drawing, the installation comprises a feed hopper 1 which distributes the powder into the cells 2 of moulds 3 fixed to a conveyor belt 4 circulating step-by-step (5 to 15 steps per minute) in the direction of the arrow f. After or during filling, the mould is levelled off by the scraper 5. The moulds are then directed to a compacting press 6 which comprises stamps 7 adapted to the cavities of the mould and which

20 makes a downwardly directed compression movement during the stoppage time of the conveyor in synchronisation with the step-by-step transport of the moulds (arrow d). The moulds travel through a tunnel furnace 8 equipped with one or more heating zones. At the outlet end of the furnace, the product is removed from its mould at the station 9. The moulds are returned to the filling station along a path which has not been shown. The articles removed from their moulds are then cooled in the tunnel 10, subsequently coated at the 25 station 11 and wrapped at a packing station (not shown). 25

The process according to the invention is illustrated by the following Examples in which the values express ratios by weight.

*Example 1*

30 A powder containing the following ingredients: cocoa having a fats content of 21%, malted cereals, skinned milk powder, butter oil, sucrose, lecithin, mineral salts, vitamins, vanillin, and having the following composition: 30

35	proteins	13.0	35
	carbohydrates	69.8	
	lipids	10.1	
	mineral salts	4.6	
	water	2.5	

40 and the following physical characteristics: 40

particle size (mean diameter)	0.2 mm
apparent specific gravity	0.4 g/cc

is treated.

45 This powder is distributed into the moulds and compacted under a pressure of from 1 to 8 kg/cm<sup>2</sup>. The initial thickness of the layer of 17.5 mm is then reduced to 13 mm. The moulds travel through an electrical infrared furnace over a period of 4 minutes, the furnace being kept at 150°C and being provided with a fan for the removal of steam. The articles are removed from their moulds by inverting the moulds which are returned to the filling station. The articles are then cooled from 70°C to a temperature below 25°C over a 50 period of 6 minutes in a tunnel. 50

The cooled articles are coated in two stages, first with a layer containing the ingredients sucrose, vegetable fats, cocoa powder containing 13% of fats, skinned milk powder, lecithin and vanillin, this layer representing 50% of the weight of the demoulded article. The article is coated with the liquid layer at 40°C and cooled in a tunnel to a product temperature of 23.5°C. A second layer is then applied using the same 55 quantity of coating as before heated to 40°C. The end product is cooled to a temperature below 20°C. 55

Alternatively, the first layer of coating is formed by the above-described coating and the second layer by milk chocolate containing the ingredients sucrose, whole milk powder containing 25% of fats, cocoa butter, chocolate liqueur, butter oil, lecithin and vanillin. The coating is 40°C during the first stage and at 29°C during the second stage of the operation. It is also possible to use a double coating of milk chocolate at 29°C. From 60 0.5 to 1% of sorbitan tristearate is advantageously added as anti-whitening agent to the milk chocolate. A coated bar weighing from 25 to 30 g is thus obtained. 60

*Example 2*

The procedure of Example 1 is adopted for the production of a coated bar of which the centre is formed by 65 44.1% of the powder according to Example 1 and by 7.8% of whole roasted nuts, the coating being formed by 65

48.1% of milk chocolate as in Example 1..

*Examples 3 to 6*

The procedure of Example 1 is adopted for the production of the following coated bars:

5	Example	Centre	Coating	5
10	3	65 % dried coconut	29.5% 35% of milk chocolate as in Example 1	10
15	4	sucrose	29.5%	15
20	4	sorbitol syrup	6 %	20
25	5	mixture according to Example 3	60 % 30% of milk chocolate as in Example	25
30	5	candied cherries	10 %	30
35	5	instant coffee powder	1.3% 47.8% of milk chocolate as in Example 1	35
40	6	instant chicory powder	1.1%	40
45	6	malt extract powder	9.5%	45
50	6	sucrose	17.55%	50
55	6	whole milk powder containing 25% of fats	21.35%	55
60	6	cocoa powder containing 13% of fats	1.4 %	60
65	6	skimmed milk powder	7.6 % 52.4% of milk chocolate as in Example 1	65
70	6	glucose syrup containing 40% of dextrin equivalent	1.9 %	70
75	6	whole milk powder containing 25% of fats	26.7 %	75
80	6	malt extract	11.4 %	80

*Example 7*

The procedure of Example 1 is adopted for the confection of a centre from a powder containing:

55	skimmed milk powder	30 %	55
55	sucrose	40 %	55
55	vegetable fats (Biscuitine N <sup>(R)</sup> )	10 %	55
60	malt extract	2 %	60
60	lecithin, salt, citric acid, flavouring	1 %	60
60	water	17 %	60

The centre represents 59.4% of the end product and is coated with 40.6% of a layer of the same milk chocolate as in Example 1.

**Examples 8 to 34**

These Examples show that the process according to the invention may be applied with satisfactory results to powders of a variety of origins.

The following Table shows the conditions under which the centres are produced:

5	Example No.	Ingredient	Compacting pressure (kg/cm <sup>2</sup> )	Duration of the furnace treatment (mins)	Furnace temp. (°C)	Product temp. (°C)	Roasting results	5
10								10
8	8	malt	2.5	5	100	68	good	
9	9	dextrose	5	5	150	85	good	
15	10	sorbitol	5	5	75	53	good	15
11	11	freeze-dried instant coffee	3.7	5	120	83	good	
12	12	Amstar (R) sugar with a moisture content of 1% (Amstar Corp.)	2.5	5	150	90	good	
20								20
25	13	Biogerme (R) (Multiforsa AG)	2.5	8	150	90	good	25
30	14	Sugar Puffs	1.3	5	100	62	good mould release difficult	30
35	15	toffee (skimmed milk + glucose syrup with a dextrose equivalent of 40%)	2.5	5	100	59	good	35
40	16	chicory	2.5	10	120	80	average	
45	17	lactose	3.7	10	150	91	average	40
50	18	skimmed milk	3.7	10	120	85	good	
55	19	milk containing 25% of fats	2.5	10	120	87	average	
60	20	milk chocolate	1.3	8	120	97	good	45
65	21	plain chocolate	1.3	8	120	96	good	
70	22	fruits (fresh)	2.5	5	120	75	average	
75	23	honey	2.5	53	75	48	tacky	50
80	24	dry cheese	2.5	10	150	101	average	
85	25	cheese + lactose	2.5	5	100	72	average	
90	26	acidified milk	2.5	10	120	89	average	
95	27	dehydrated pea- ham soup	3.7	8	150	91	good	55
100	28	dehydrated tomato soup	3.7	5	120	72	good	
105	29	dehydrated potato (30%) broth	3.7	5	150	91	good	60
110	30	dehydrated cereal soup	3.7	5	150	90	good	
115								65

31	Ovomaltine (R) (Wander AG)	3.7	10	150	102	average	
32	Prontoval (R) (Wander AG)	3.7	8	150	91	good	5
33	Dawamalt (R) (Wander AG)	3.5	5	150	90	good	
34	Soya malt (R) (Morga S.A.)	3.7	3	130	67	average	10

## CLAIMS

1. A process for the production of a food product in the form of an individual article from a powder-form starting material capable of being superficially softened under the effect of heat and having a high level of fluidity, which comprises introducing the powder into the cells of a mould, lightly compacting it in the cells, subjecting the compacted powder to a sintering treatment in a furnace for a period and at a temperature of the product such that the individual particles melt at their surface and adhere to one another, removing the articles from the moulds and cooling them. 15

2. A process as claimed in Claim 1, wherein the powder is compacted by applying a pressure of from 1 to 20 8 kg/cm<sup>2</sup> to it in the cells of the mould.

3. A process as claimed in Claim 1 or 2, wherein the sintering treatment is carried out for 3 to 10 minutes at a product temperature of 45 to 120°C.

4. A process as claimed in Claim 3, wherein the powder has a particle size of from 0.1 to 3 mm.

5. A process as claimed in any of Claims 1 to 4, wherein the powder has a fat content of less than 25% by weight and a moisture content of less than 20% by weight. 25

6. A process as claimed in any of Claims 1 to 5, wherein the starting material is a culinary product selected from vegetable, meat, fish or yeast extracts, protein hydrolysates, cheese, milk, cereals, starches, modified starches and dextrins.

7. A process as claimed in Claim 6, wherein the starting material contains one or more additives selected from spices, flavourings, colourants, fats, sugars and salts. 30

8. A process as claimed in any of Claims 1 to 5, wherein the starting material is a product of the type used in the production of confectionery or chocolate selected from fruit extracts, sugars, maltodextrins, cocoa, coffee, chicory, malted cereals, milk and fats.

9. A process as claimed in Claim 8, wherein the starting material contains one or more additives selected from flavourings, lecithins, boiled sugars, honey, caramel, nougatine, expanded cereals, dried fruit and candied fruit. 35

10. A process as claimed in Claim 8 or 9, wherein the starting material contains cocoa, malted cereals, skimmed milk powder, butter oil, sucrose, lecithin, vanillin, mineral salts and vitamins.

11. A process as claimed in any of Claims 8 to 10, wherein the article is cooled to a temperature below 25°C and coated in one or two stages with a chocolate-based coating. 40

12. A process for the production of a food product in the form of an individual article substantially as described with particular reference to any of the Examples.

13. A food product obtained by a process as claimed in any of Claims 1 to 12.

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